

Jeff Zentner's *Goodbye Days* was a roller coaster of emotions. It made me cry. It made me laugh. Most importantly, however, it made me realize how very important it is to let those I care about know it at every opportunity I get because no one knows how many opportunities they have left.

The grandmother is the character who impacted me the most. Although she is grieving the loss of her grandson, she somehow manages to be a source of comfort to others who are hurting. In the midst of so much darkness and overwhelming sadness, she manages to do something beautiful. She refuses to give in to anger and finger-pointing and instead focuses on the process of healing.

I would recommend this book to anyone who has lost someone they care deeply for. It is a reminder that loss is something we all encounter sooner or later, but we do not have to face it alone. *Goodbye Days* demonstrates that sometimes the only way to move forward is by leaning on those around us.



